



LUNCH MENU

(Served Monday-Friday from 11:00 am – 2:00 pm at our 26th & 19th Street locations)

Well Body Club.....half 4.50.....full 7.25

A hearty multi-grain bread layered with fat free smoked turkey, lettuce, tomato, avocado, red onion, sprouts, olives, bell pepper, cheese and ranch dressing. Served with your choice of chips.

Bubba Club.....7.00

Fat free smoked turkey and melted cheese on a toasted everything bagel, topped with lettuce, tomato, avocado and ranch dressing. Served with your choice of chips.

J&B Veggie.....half 4.00.....full 6.25

A hearty multi-grain bread layered with lettuce, tomato, avocado, red onion, sprouts, black olives, bell pepper, cheese and ranch dressing. Served with your choice of chips.

J&B Chicken Salad.....7.00

Lubbock's undisputed chicken champion, served fresh on a toasted croissant. Served with your choice of chips.

The B.L.T......5.00

Bacon, lettuce, tomato, served on a hearty multi-grain bread. Served with your choice of chips.

Build Your Own.....6.50

Choose between fat free smoked turkey or ham, your choice of veggies and we'll even let you pick the bread. Served with your choice of chips.

Mesquite Grilled Chicken (19th Street only).....7.00

Served on an open face Kaiser roll, covered with melted cheese and garnished with our spicy mustard sauce. Lettuce and tomato on the side. Served with your choice of chips.

Cajun Chicken (19th Street only).....7.00

A grilled chicken breast, drenched in Cajun spices and layered with bacon and melted cheese, served on a garlic Kaiser roll. Served with your choice of chips.

Roma (19th Street only)7.00

This one's a mouthful. A Kaiser roll piled high with smoked ham, tomatoes, grilled onions and bell peppers, doused in garlic, sprinkled with parmesan and topped with melted cheese. Served with your choice of chips.

Chip Selection

Regular Lays, Baked Lays, Baked Sour Cream & Onion, Baked BBQ, Jalapeno Kettle, Tortilla Salsa available for \$.50 extra. Add bacon to any sandwich for \$.50



Available All Day, Everyday Menu

Breakfast Sandwich	3.25
Served on Toast, English Muffin, Bagel or Croissant	
Choose from: Bacon, Sausage, Ham, or Turkey	
Comes with Egg and Cheese!	
Bagels (w/ cream cheese)	2.00
Plain, Wheat, Blueberry, Strawberry, Everything, Cinnamon Raisin, Spinach Parmesan	
Add extra cream cheese....0.50 Add Jelly or Butter....0.50	
Muffins & Rolls	2.50
Various freshly baked muffins, cinnamon rolls and pecan rolls to choose from	
Scones	2.00
White Chocolate Raspberry, Blueberry, Apple Cinnamon	
Bagel Melt	4.00
Your favorite bagel covered with ham or turkey and melted cheese. Served open faced.	
Geo's European Sandwich	4.00
Choose between:	
• "The Original" - seasoned beef, sausage, cabbage & spices	
• Breakfast - egg, green chili, sausage & cheese	
• Pizza - pepperoni, pizza sauce & cheese	
Bundt Cakes	2.50
Choose your favorite flavor.	
Specialty Cakes	3.25
Enjoy a slice of heaven on earth. Choose your favorite flavor.	
Oatmeal	2.85
Choose from a wide variety of flavors.	
Cookies	2.00